Another week has gone by and we are already halfway through Term 1! It is amazing how quickly the year progresses.

Last week I attended the first Parent & Citizens meeting for Westport Public School for 2016. There was a great turnout with 18 people giving up their time to learn about the main events taking place at our school and how they can get involved in supporting the various fundraising activities planned for the year. It was a very productive, supportive and progressive meeting.

My Principal’s Report included information on the Hastings Valley Community of Schools of which Westport PS is a member, the school swimming carnivals, our current enrolment of 306, the school’s strategic directions, key milestones for 2016, meet the teacher interviews and the School Excellence and Wellbeing Frameworks. I would like to engage all parents to get involved with their dynamic and enthusiastic P&C.

Last week a group of budding young debaters visited Hastings PS for a workshop on how to debate. I know that Mr Pepper really enjoys introducing and promoting this fantastic public speaking activity. Well done to those students who attended – Heath, Beth, Holly, Bill, Harry, Emily, Chloe and Erika.

Have a great week.

Tony Johnston
Principal

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### COMING EVENTS TERM 1

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thurs 25th Feb to Thurs 7th April</td>
<td>Swimming for Sport – Please remember to bring items necessary for participation.</td>
</tr>
<tr>
<td>Tue 1st Mar</td>
<td>Hastings Secondary College Information evening for Yr6 students</td>
</tr>
<tr>
<td>Wed 2nd Mar</td>
<td>School Photos &amp; Family Photos – Full School Uniform</td>
</tr>
<tr>
<td>Thurs 3rd Mar</td>
<td>Group Photos eg: Dance, Sporting, Choir – Full School Uniform</td>
</tr>
<tr>
<td>Thurs 3rd Mar</td>
<td>Yr1 &amp; Yr2 Parent Teacher Interviews</td>
</tr>
<tr>
<td>Thurs 10th Mar</td>
<td>Yr3 to Yr6 Parent Teacher Interviews</td>
</tr>
<tr>
<td>Mon 7th to Fri 11th Mar</td>
<td>PLP Interviews with Aunty Marilyn</td>
</tr>
<tr>
<td>Sat 19th Mar</td>
<td>National Close the Gap Day</td>
</tr>
</tbody>
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### Westport Public School Award Winners

**Term 1 – Week 4**

**Assembly Awards**
- KL – Tamika, Lexx
- KB – Asia, Angel
- 1/2H – Bradley, Izy
- 1/2RR – Jaydin, Jamie
- 1/2W – Kaylee, Tyler
- 2/3E – Sean-Renae, TJ
- 3/4P – Jazmin, Charlotte
- 3/4W – Darsh, Ethan
- 4/5KD – Talisha, Kaiya
- 5/6A – Jorja, Lachlan
- 5/6W – Georgia, Harolleigh
- 5/6O – Ishpreet, Jarrod

**Senior Choir Awards**
- Montana, Denver
- Junior Choir Awards
- Skye

**Term 1 – Week 5**

**Assembly Awards**
- KL – Billy, Lily
- KB – Ethan, Angel
- 1/2H – Iszac, Darryl
- 1/2RR – Kira, Sophie
- 1/2W – Sari, Poppy
- 2/3E – Kaleena, Abbey
- 3/4P – Tyrell, Isabel
- 3/4W – Max, Laci
- 5/6A – Jorja, Misheela, Heath
- 5/6W – Harrison, Isabell

**Senior Choir Awards**
- Esta-Louise, Emily S.

**Junior Choir Awards**
- Poppy
**LNC Swimming Carnival**

Congratulations to Douglas who was successful in progressing to the next level in each of his 3 events. Well done!

**KL’s first Music practice with Mrs Burton**

Students from KL followed the beat, sang some nursery rhymes and used some percussion instruments. They had a fantastic time!

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**Parent Teacher Interviews**

Yr1 & Yr2 will be held on 3rd March between 4.30pm and 6pm.

Yr3 to Yr6 will be held on 10th March between 4.30pm and 6pm. Notes have gone home with students so if you would like an interview please return as soon as possible.

**Personalised Learning Plans**

Letters have been sent home with students notifying parents/carers of their scheduled times for their PLP interviews.

If you haven’t received these from your child, please contact the school.

Aunty Marilyn

**Year 6 Shirts**

Orders are due back by the 11th March as a bulk order will be put in. **No orders can be taken after this date.** Please make sure measurements are correct as there can be no exchanges as this is a special order.

Mr Ainsworth

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**Canteen News**

**Roster:**

<table>
<thead>
<tr>
<th>Day</th>
<th>Team Members</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tues 1st Mar</td>
<td>Stuart, Cathy</td>
</tr>
<tr>
<td>Wed 2nd</td>
<td>Amanda, Cathy</td>
</tr>
<tr>
<td>Thurs 3rd</td>
<td>Cathy, Sarah, Bronwyn</td>
</tr>
<tr>
<td>Fri 4th</td>
<td>Cathy, Liza, Stuart</td>
</tr>
<tr>
<td>Mon 7th</td>
<td>Cathy, Peggy</td>
</tr>
</tbody>
</table>

We are always looking for new volunteers, if you would like to volunteer please contact our canteen manager Cathy on 65838506.

Cathy
Canteen Manager

**Bookpacks/Voluntary Fees**

Thank you to all the families who have been so prompt in paying their child’s book pack and school contributions. These payments contribute towards the cost of classroom resources and consumables that your child has access to throughout the year. This is essential to your child’s learning.

**School Photos**

Our school photos will be on **Wednesday the 2nd of March & Thursday the 3rd** we have our Group Photos, eg: Dance, Choir, Sports Groups etc. The Order Envelopes have already been sent home please ensure not to misplace these as we have limited replacement envelopes. Family photo envelopes can be requested through the office. All students are required to wear full uniform including black shoes for both days.

The photographer requires that the envelopes are returned to them on the day the photos are taken. However, for your convenience, we are happy for you to return these to our office prior to the day. The Office will return them to the student to give to the photographer as their individual photos are taken.

Please ensure that you enclose the correct amount as the photographer and the school office will not be giving change. **The office will be unable to ring home on the morning for forgotten envelopes as staff photos promptly commence at 8.45am and students photos at 9.05.**

Envelopes after this date cannot be accepted through the school, your child will still have their photo taken and photos will need to be ordered online through the photography company.

To make payment for school photos after photography day just refer to the information on the envelope.

**P&C News**

**Uniform Shop**

The P&C are looking for someone to volunteer in our Uniform Shop on Thursday mornings between 8.45am – 9.30am. If you would like to volunteer, even just once a fortnight, please contact Donna on 0401340844.

**Easter Raffle**

The P&C will be running an Easter Raffle again this year. We are asking families if they could donate Easter eggs. Any donations of Easter eggs can be dropped off to the Canteen in the mornings before school. We thank you in advance for your donations.

Donna Edendorough
P&C President

**Transportation Reminder**

All bikes and scooters are to be locked up with a chain to the bike rack near the Kindergarten classrooms. Helmets must be worn to and from school. **No skateboards are to be brought to school.**
Healthy Eating

Year 1 and 2 classes have been creating their own healthy lunchboxes using the 5 food groups. Here are a few tips from some students in 1/2H -

- Emily in 1/2H says to eat plenty of fruit and vegetables, including watermelon, carrot and oranges
- Iszac in 1/2H says drink plenty of water
- Jesse in 1/2H says bring pasta and vegetables for lunch
- Izy in 1/2H says bring a wholemeal cheese sandwich and a pasta salad for lunch.
- Carlea in 1/2H suggests to bring foods from the different food groups. In her healthy lunchbox she has strawberries, an apple, a bottle of water, banana and an egg salad sandwich.
- Bradley in 1/2H has food from every food group. In his lunchbox, he has cheese slices, eggs, sandwich with lettuce and tomato with strawberries, an apple, capsicum slices, watermelon, a banana and some orange pieces. He has a bottle of water.

How to choose a healthy snack for your kids

1. CONSIDER THE SIZE OF THE SNACK - Choose small serves so as not to disturb the child’s main meals, but big enough that they don’t feel hungry.
2. THINK ABOUT THE TIMING - Don’t wait too long to give a snack or your child will be so hungry they will eat anything in sight, without you having time to prepare something healthy. At the same time, you need to allow a gap of at least 2 hours between the snack and their next meal so that it does not spoil their appetite for their main meal.
3. REMOVE ANY DISTRACTION - It is important to create mindful eaters who eat to hunger and enjoy the food they eat. If children are playing or watching TV while eating, they are less likely to experience the taste and texture and quantity of food they are eating, which can lead to excessive food intake. Try to stop, sit (without distractions such as TV) and eat.
4. MAKE HEALTHY SNACKS EASILY AVAILABLE - Keep a selection of healthy snacks in the fridge or pantry including reduced fat milk and yoghurt, fruit, veggie sticks, nuts and wholegrain bread. Have a fruit bowl that you frequently top up with seasonal fruits.
5. ENCOURAGE CHILDREN TO PREPARE SNACKS ON THEIR OWN - Teach your children how to use simple kitchen equipment to prepare nutritious snacks including smoothies, toasted sandwiches, popcorn, wholemeal muffins or pita pizzas.


Thank you,
1/2RR, 2/3E, 1/2W and 1/2H

Dance and Choir practice timetable

Please remind your child for dance and music practice if they are involved in the following:

Monday
- Junior (Year 1 and 2) Choir
- Stage 3 (Year 5 and 6) Dance

Tuesday
- Junior (Years 1 and 2) Dance
- Boys (Years 1-6) Dance

Wednesday
- Stage 2 (Years 3 and 4) Dance

Thursday
- Senior (Years 3-6) Choir

Friday
- Senior (Years 3-6) Choir

Head Lice

Please be vigilant in checking your child’s hair regularly for head lice. One treatment is not enough to get rid of them. There must be a follow up treatment no more than 7 days after the first. Checking every 2-3 days is the best way to keep on top of head lice and making sure that eggs are removed.

Fruit & Veg Program

We are hoping to get our wonderful Fruit & Veg program up and running but we need your help on Thursdays, 1-2:30 pm. Please leave your details at the office. Thank you for your support!