Tuesday 9th June 2015

Well we are nearing the end of term 2. How quickly the year passes! We’ve had some great activities taking place at Westport Public School over the past few weeks. These included our Reconciliation Week special Assembly, where students put on a great performance and we had a special guest speaker Rhonda Radley. We also had a lovely afternoon tea in our library.

Book week was also a great success raising $400 of books for our library.

Last Friday three of our students participated in the District Cross Country in Kempsey and performed very well.

Congratulations to Blair, Bill and Chermeeka on your great effort.

Family Services
Family services are a great way for families to receive help and advice. If you believe you or your family are in need of help from a family service then you can access the family services website at www.familyreferralservice.com.au

Tony Johnston
Principal

Updating Family Details
Cold & Flu season is in full swing. We have had several students with colds, headaches and upset tummies this week.

We like to get these children home as soon as possible to avoid the spread of infection.

Sadly, we have been unable to contact many of our parents or emergency contacts due to phone details not being kept up to date.

Please notify the office immediately with any change of details including emergency contacts and family living arrangements.

It is a department requirement that these details are kept current.

*****COMING EVENTS TERM 2 *****

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Wed 10th June</td>
<td>Yr2 &amp; Yr3 – Douglas Vale Excursion</td>
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<td>Fri 12th June</td>
<td>Choir Fundraiser – Mufti Day/Cupcake</td>
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<td>Sale</td>
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<td>Fri 19th June</td>
<td>Athletics Carnival</td>
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<td>Mon 22nd June</td>
<td>NAIDOC Assembly</td>
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<td>Tue 23rd June</td>
<td>Musica Viva – 9.30am in school Hall</td>
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<td>Wed 24th June</td>
<td>Scripture Puppet Show Performance</td>
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<td>Wed 24th June</td>
<td>P&amp;C Meeting 6pm – Westport Bowling Club</td>
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<td>Fri 26th June</td>
<td>Last day of Term 2</td>
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<td>Mon 13th July</td>
<td>All Staff return</td>
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<tr>
<td>Tue 14th July</td>
<td>All Students return</td>
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ICAS Timetable
Tues 28th July - English
Tues 11th August – Mathematics

Tuesday School Assembly
5/6CO will be conducting the assembly at 1pm. School Leaders on stage will be those in Cook and Endeavour.

Mufti Day
This Friday 12th June we are having a mufti day to raise money for the senior choir. The theme this year is red, yellow and black in recognition of reconciliation week. Please bring a gold coin to school on this day if you wish to wear mufti. There will also be yummy cupcakes for sale ranging in price from $1 to $2.

Remember normal mufti rules apply, wear sensible clothing, no singlets, midriff, ripped clothing or jewellery. Normal school shoes and joggers should be worn and a hat.

Mrs Eichler
Choir coordinator
Canteen News

Roster:
Tues 9th - Sharon, Rebecca
Wed 10th - Amand, Rhiannon
Thurs 11th - Richelle, Kerryn, Jan
Fri 12th - Richelle, Liza
Mon 15th - Richelle, Krystal

Monday Meal Deal

5 x Chicken Nuggets (with bbq or tomato sauce)
AND
A delicious freshly made Fruit Salad
AND
A 600ml Bottle of Water
AND
A Surprise from the Treasure Box

All for only $5

Every Monday all of Term 2.
The surprise will vary depending on availability.

Richelle Day
Canteen Supervisor

Library days:
Monday: KL, 1/2E
Tuesday: KB, 1/2B, 5/6WB
Wednesday: 1/2H, 3/4R, 4/5L, 5/6A
Thursday: 1/2R, 3/4W, 5/6CO

Please ensure that students have their library bags on these days so they can borrow from the library.
Please return any overdue books before the end of term.
Books that are lost or damaged will have to be paid for.

Miss Cassidy

Reconciliation Visit

Last Thursday we had a visit from Mr John Heath who came and spoke to us about Aboriginal people. He told us some stories. One story was about a boy who turned into a seagull. We got to use a special rock called ochre. There was also another story about three brothers and there was a witch who killed two brothers. The third brother killed the witch with his boomerang but then killed himself as he was very sad without his brothers. Where they were buried 3 mountains grew. They are still there today.

Written by: Kaiden 1/2R

Representatives for NC Cross Country

Congratulations to Chermeeka, Bill and Blair who competed in the Lower North Coast Cross Country on Friday the 29th of May and went on to compete in the North Coast Cross Country last Friday.

Big Band Blast

Last weekend Port Macquarie celebrated jazz music with a Big Band Blast. Hastings Valley Community of Schools put together a band to perform at the opening ceremony of the event, including on the drums our very own Shannon Abbott. The band also performed at Port Primary School to students on the Friday. Shannon attended a 3 day workshop to further develop his musical skills.

Attention Dance Groups- Dance Festival Tickets

Great news! All 3 Dance groups have been successful and will be performing in the Southern Network Dance Festival on Wednesday 17th June at Melville High School at Kempsey. The children go up for the whole day with the night performance starting at 7:00pm. Tickets are on sale at school in the front office. The tickets are $7 per seat or $25 for a family concession (that is immediate family members - Mum, Dad and 2-3 children). We will only be given a limited number of tickets and once these are sold any further tickets will need to be purchased at the door on the night. An alternative is to attend the matinee at 12:00 midday. Tickets for the matinee are $3.00 and are purchased at the door only on the day. This is a fully costumed and staged performance with full lighting and effects.
This is just a quick note and a more detailed note will follow next week explaining what the children will require to bring and any changes in the arrangements for the day.

Thank you for your support
Toni Lawes, Amy Harland and Kerry Bendall
Police Visit
Last week we had a visit from our local police to talk to Kindys about Stranger Danger and to talk to our year 5 & 6 students about Cyber Bullying. These are very important issues that should be spoken about not only at school but in the home.

The students in 3/4W have been writing some acrostic poems about Autumn – we hope you enjoy reading them!

All the leaves fall in autumn
Up high in the sky all the leaves fall
The leaves start to change colour
Under the trees lay the leaves that have fallen
Many people see bare trees in autumn
Nearly every leaf changes colour
BRADYN

All of the leaves fall off the trees
Under the trees there are lots of leaves
The trees are getting bare
Under my blanket I am warm
My mum lets me play in the leaves
Now that it is autumn, it is cold
TALISHA

All of the leaves fall off the trees
Up in the sky lots of leaves fall
There are too many leaves
Under the leaves I jump
More rain and clouds
Now there are snow clouds
ERIN

Community Notices

All the leaves fall down
Up in the sky the rain is coming down
The grass is damp in autumn
Up and down weather, autumn is cold
Me and my brother play in the leaves
Nearly Winter is here
HAMISH

All of the leaves fall down
Up in the sky it gets cold and foggy
Trees become bare, animals get ready to hibernate
Up in the trees leaves turn brown
Many leaves on the ground
New leaves will come soon
KYUSS

All the leaves are changing colour
Up in the sky the leaves fall
There is dew on the grass
Under the leaves bugs hide
Many animals get ready to hibernate
Nothing stops autumn
CHARLEE

All the leaves fall off
Under the leaves there might be quails making a nest
The leaves are pretty when they fall off
Underneath the trees are lots of leaves
Many birds stay in the trees because they are cold
Now it is autumn
ASHLEY

“Fed Up” with Children’s Behaviour

Understanding how food affects your child and what you can do - a revolutionary approach that changes parents’ lives
by Sue Dengate

Former teacher and psychology graduate, author of the famous Fed Up series, Sue Dengate became interested in food intolerance after recognizing the effects of foods on her own children. Sue had to train opened the eyes of desperate parents to the adverse effects of synthetic additives and natural chemicals in food. In the past 20 years, Sue has spoken to tens of thousands of parents in Australia, the USA and the UK. Fed Up is an essential tool for parents wanting a career, happier and healthier family. Further information on Sue’s work at www.fedup.com.au

The talk includes:
- Arguments, oppositional defiance, tantrums,
- Bedwetting, sneaky shops, sticky paws
- Asthma, skin rashes, eczema
- Difficulty falling asleep, frequent night waking
- Depression, unexplained tiredness, difficulty concentrating
- Hidden and new food additives, what’s wrong with fruit

BELLEVENT/NAMBUCCA
KEEPSY
PORT MACQUARIE

Monday 15 June
0.15 pm - 5.15 pm
Tuesday 16 June
11.00 am - 3.00 pm
Wednesday 17 June
11.00 am - 3.00 pm
Thursday 18 June
11.00 am - 3.00 pm

Bellinger Golf Club
Kempsey Ex Services Club
Kempsey Bowling Club
Port Panthers

Cost is $19 for professionals or $19 for first parent and FREE for the second parent/parent. Price includes a $15 voucher to put towards purchase of Sue’s books and <30% Fed Up and the FedUp Cookbook which will be available at discounted prices. Please register by Friday 7 June 2019 online.

Contact Sally at
Bellinger 6561 2289
Macleay 6581 2818
Port Macquarie 6585 5444

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‘Now! I hear Sue speak was probably the most
weighting experience I have had this year, if not this
decade!’

‘You touched our lives in an incredible way’

“You gave us the chance to see what a beautiful
little boy we have been blessed with’

“We would still be living with an un
achieve difficulty!”

‘It was the most fascinating two hours I have spent in a long time...’ - Bake about Town

Wendy”

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Dear Parents and Caregivers of Year 6 students,

Hastings Secondary College is committed to providing support and guidance to Year 6 students to ensure they have a smooth and enjoyable transition to high school.

If you attended one or both of the recent Year 7 2016 Information Evenings we would value your feedback to ensure that future events provide the most useful and relevant information for families. The following link to an online form should only take about 2 minutes to complete, [http://goo.gl/forms/0iUsVmvQb7](http://goo.gl/forms/0iUsVmvQb7)

Thank you for your assistance,
Karen Mann
Transition and Gifted & Talented Coordinator